

COSMETIC SURGERY MAGAZINE

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MYTHS ABOUT
BREAST IMPLANTS
BUSTED




BIGGEST ISSUE EVER

THE
WRINKLE
REPORT

THE
OBESITY
EPIDEMIC

TOTAL BODY

TOP-TO-TOE GUIDE



face

achieving balance

Sydney plastic surgeon **Dr Warwick Nettle** offers two unique procedures to help restore harmony to the face. Francis Herron reports.

Balance plays an important role in many aspects of life and is most definitely a key factor when it comes to creating an aesthetically pleasing appearance. The face is made up of many features and the overall effect can be affected by a lack of harmony in any one area. However, it is possible to restore balance and symmetry through the use of specialised surgical procedures.

Sydney plastic surgeon Dr Warwick Nettle has recently returned from the United States where he has been broadening his surgical skills by working with leading specialists, who have appeared on the reality TV show *Extreme Makeover*.

International cosmetic surgery consultant Angela Simpson, who organised Dr Nettle's trip, has seen an increased interest over the last few years in specialised procedures such as lip repositioning and hairline lowering. 'I'm glad I was able to interest Dr Nettle to go over and learn about these procedures,' she says.

As a result of his professional experience in the States, Dr Nettle is now able to offer patients the latest cosmetic lip repositioning and hairline lowering treatments, previously unavailable here in Australia.

Cosmetic lip repositioning

A smile can often be a person's most striking feature but it needs to be wielded with confidence. Many people have smiles that expose great teeth but too much of their gums, which can make them self-conscious and reluctant to smile as often as they should. However, removing a small amount of tissue from the inside of the upper lip can reduce excessive and unattractive gum display. A lip repositioning procedure can give the patient a more balanced, aesthetically pleasing smile.

While in the US, Dr Nettle trained at the same clinic in Beverly Hills where the lip repositioning technique was pioneered by periodontists Ari Rosenblatt and Ziv Simon. The two have also acted as consultants Extreme Makeover.

Hairline lowering

While in the States, Dr Nettle also trained in hairline lowering with leading hair restoration and facial plastic surgeon Dr Sheldon Kabaker in San Francisco. Dr Kabaker is often referred to as the guru of hairline lowering. The procedure is particularly suitable for women with high hairlines, which can occur naturally or may be the result of forehead-lift procedures.

The ageing process can also take a toll on a woman's hair, resulting in a gradual loss of hair and a higher hairline. This can not only have an effect on the overall appearance of the face, but can also affect confidence levels and self-esteem. A high hairline may lend an aged and somewhat masculine appearance to some women, while lowering it can create a more harmonious relationship between the hair and the face, resulting in a softer, more feminine appearance.

After his experience in the US, Dr Nettle is confident these new procedures can offer excellent and easily achievable results for people seeking new confidence in their smiles and more flattering frames for their faces. **acsm**

Case Study 1



BEFORE



AFTER hairline lowering by Dr Sheldon Kabaker



BEFORE



AFTER hairline lowering by Dr Sheldon Kabaker

Case Study 2



BEFORE



AFTER lip repositioning by Dr Ari Rosenblatt