

COSMETIC SURGERY MAGAZINE

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COLOUR
YOURSELF
HEALTHY

50
WAYS TO LOSE
YOUR WRINKLES

BREAST
AUGMENTATION

- implant developments
- faster recovery times
- options and choices

FRACTIONAL LASER
why everyone wants it

SPECIAL FEATURE

ANTI-
AGEING



new plastic surgery procedures for Australia

Sydney plastic surgeon **Dr Warwick Nettle** is the first plastic surgeon in Australia to offer lip-repositioning and hairline-lowering procedures. Lauren Alexander reports.

Sydney plastic surgeon Dr Warwick Nettle has recently returned from the United States where he has been broadening his surgical skills by working with surgeons from the reality TV show *Extreme Makeover*.

International cosmetic surgery consultant Angela Simpson, who organised Dr Nettle's trip, has seen an increased interest over the last few years in such specialised procedures as lip repositioning and hairline lowering. 'I'm glad I was able to interest Dr Nettle going to the US to learn about these procedures,' she says.

As a result of his professional experience in the States, Dr Nettle is now able to offer patients the latest cosmetic lip-repositioning and hairline-lowering treatments.

Cosmetic lip repositioning

Many people have smiles that expose great teeth but too much of their gums. However, removing a small amount of tissue from the inside of the upper lip can reduce excessive and unattractive gum display. Lip repositioning can give a more balanced, aesthetically pleasing smile.

Dr Nettle trained with Beverly Hills periodontists Ari Rosenblatt and Ziv Simon, who pioneered the procedure and have acted as consultants on *Extreme Makeover*.

Hollywood cosmetic dentist Dr William Dorfman has long championed the benefits of the lip repositioning

procedure. With a client list of the who's who in the film and music industries, Dr Dorfman realised early on the benefit of using a surgical approach to gum exposure problems. 'In the movie world, the pursuit of perfection is at its most relentless,' says Dr Dorfman. 'My clients were seeking a procedure to enhance their smiles by decreasing excessive gum display and showcasing more of a glamorous, million-dollar smile. Halle Berry has a smile which clients often request.'

Hairline lowering

While in the States, Dr Nettle also trained in hairline lowering with leading hair restoration and facial plastic surgeon Dr Sheldon Kabaker in San Francisco. Lowering the hairline is particularly suitable for women with high hairlines, which occur naturally in some women or may be the result of forehead-lift procedures in others.

A high hairline may lend an aged and somewhat masculine appearance to some women, while lowering it can create a more harmonious relationship between the hair and the face, resulting in a softer, more feminine appearance.

After his US experience, Dr Nettle is confident these new procedures can offer excellent and easily achievable results for people seeking new confidence in their smiles and more flattering frames for their faces. **acsm**



BEFORE



AFTER hairline lowering by Dr Nettle



BEFORE



AFTER hairline lowering by Dr Nettle